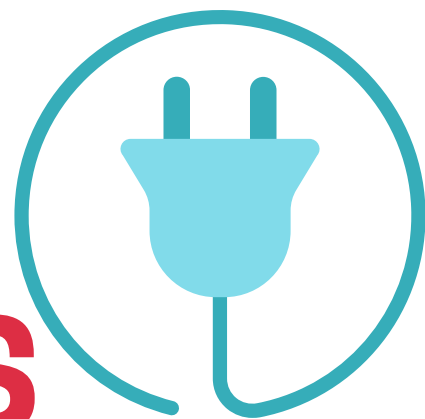


UNPLUGGED DATE NIGHT COMMITMENTS



WE are important. Our together time is critical to the health of our relationship. Tonight's DATE NIGHT MISSION is to unplug from everything EXCEPT each other.

NO CELLPHONE

I promise to keep my cellphone on silent and tucked away. Checking social media, email, and text messages will not be a part of our evening tonight.



THERE WILL BE LOTS OF KISSING

I promise to kiss you a lot. When we kiss, the world stops for just a minute or two and that's what tonight is all about.

THERE WILL BE LOTS OF HUGGING

Let's not forget to hug often and pause long enough to really feel the hug and our hearts beating. Let's get wrapped up in each other and shut the world out.



THERE WILL BE LAUGHTER

Tonight isn't about tackling the tough stuff. It's about fun and connection. There will not be any 'serious' conversations tonight. Only fun, happy thoughts all night long.

**I LOVE YOU AND I
LOVE THE LIFE WE
HAVE TOGETHER**

