Sourdough Starter Checklist

Day Two

You might not see much of a difference in your starter after 24 hours. Maybe a few bubbles and a slight density change. Today, we'll be doing our first feeding. It's easy and will follow similar steps as our creation day.

Today's Date: _____ **Time:** _____

- ◯ **Assemble your ingredients and equipment.**
    - ◯ Flour
    - ◯ Filtered water -- 1/2 cup at 90 degrees F.
    - ◯ Scale or measuring cups
    - ◯ Clean jar
    - ◯ Spatula and a spoon or scoop
    - ◯ Thermometer
    - ◯ Calculator

- ◯ **Calibrate your scale, weight your starter and get ready to feed.**
    - ◯ Turn your scale on and clear the scale.
    - ◯ Make sure the scale is set to **GRAMS**.
    - ◯ From your **Day One Worksheet** -- how much did your empty jar weigh? _____
      Put your Starter jar on the scale. What is the total weight? _____
    - ◯ Subtract your jar weight from your total weight. This is your **STARTER** weight _____

- ◯ **Discard and feed.**
    - ◯ Remove **3/4** of your starter. Take your current starter weight and divide by 4.
      Example: If you starter weight is 175 grams divided by 4 = 43.75 grams. Remove ALL but 43.75 grams of starter. It can be approximate.
      Write this down:
      Your starter weight: _____ divided by 4 = _____ This should be the weight of your jar + remaining starter.
    - ◯ Tare the scale. Spoon your flour into the jar until the weight reaches 100 grams.
    - ◯ Tare the scale again. Slowly pour your filtered water into the jar until it weighs 100 grams.

- ◯ **Remove the jar from the scale and mix together.**
    - ◯ Use your spatula to mix the flour and water together. Mix well. Try for no lumps.
    - ◯ If you were careful not to get the starter all over the jar, you can leave it in the jar for the next 24 hours. If you feel like your jar is too messy, Pour or spoon your mixture into your glass jar. Clean side are good!
    - ◯ Put a rubber band on your jar to mark the level of the starter.
    - ◯ Secure the cheesecloth with another rubber band.
    - ◯ Set your baby starter in a warm place for 24 hours. You'll come back tomorrow to feed and nurture the starter.

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